

Behavioral Health Services (BHS) - Provider Information Notice

To:	BHS Contracted Children, Youth & Families Perinatal Substance Use Disorder Providers	August 14, 2020
From:	Children, Youth & Families (CYF), Behavioral Health Services	
Cc:	Optum Public Sector San Diego	
Topic(s):	Provider Memo, Required Trainings	
Title	Updated DHCS Perinatal Practice Guidelines (PPG) & Annual Training Requirement	

The California Department of Health Care Services (DHCS) has recently updated the Perinatal Practice Guidelines (PPG), which are the guidelines that all perinatal Substance Use Disorder (SUD) treatment programs in the State of California are required to follow. The updated PPG can be found on both the [DHCS website](#) and are posted on the [Optum website](#). Changes to the updated guidelines consist of the new DHCS Perinatal unit name, updated perinatal email, and phone number.

The County of San Diego (County) requires that all Children, Youth & Families (CYF) perinatal SUD program staff in contact with clients review the most current version of the practice guidelines on an annual basis. Please be advised that program staff who have not yet satisfied this requirement shall utilize the most current version to satisfy the annual training requirement.

CYF has created a PPG [training document](#) that is available to all programs through the County's Technical Resource Library (TRL). The County training document has been updated to reflect the guideline changes and incorporates DMC-ODS special terms and conditions. It also includes the Substance Use Disorder Provider Operational Handbook (SUDPOH) requirements, using a legend and accompanying text to indicate when the guidelines are impacted by superseding requirements.

Programs must retain records of the mandated training to include, (1) program name, (2) guideline presented, (3) method of delivery, and (4) sign-in log or signature sheet with staff name and date of training. Programs have discretion on how they train to the guidelines. When using methods other than County provided documents, programs should note this method on the training log. To assist with training tracking the PPG requirement is listed on the Staffing Status Report (SSR), which is completed by programs monthly.

Please use the following table as a reference for PPG training requirements:

SUD Program	Required Presentation	Staff Required	Frequency	Program Responsibility
Perinatal SUD	PPG training document	All staff with client contact	Annually	<ul style="list-style-type: none"> Keep record of annual completion Update SSR to reflect staff that have completed training since last reporting period

Please contact your COR with any questions.

Attachments:

1. DHCS Perinatal Practice Guidelines (2020)
2. Perinatal Practice Guidelines Training Document